Aspen Valley Health

For you. For life.

Colorado Rights for Birthing Parents

- A birthing parent's right to be free from harm and mistreatment. Respect for a birthing parent's dignity, privacy and confidentiality.
- A birthing parent's right to informed choice and consent. The right to have a birthing companion and a family member with the birthing parent during birth.
- Equitable and high-quality care for a birthing parent that is evidence-based, free from discrimination and culturally sensitive; and effective communication, during which health care practitioners introduce themselves, explain their roles and welcome questions.
- Receive care without discrimination based on disability, race, creed, color, sex, sexual orientation, gender identity or expression, marital status, national origin, ancestry or age.
- Not be subject to unprofessional conduct or negligent medical care from a licensed health care practitioner, including failure to provide informed consent; unsafe conditions or failure to allow visitation rights specified in section 25-3-125, including allowing a birthing companion or doula in addition to a partner or spouse to be present during labor and birth, at a licensed health facility; or
- Violation of State or Federal Privacy and Security Laws, including the Federal "Health Insurance Portability and Accountability Act of 1996".

Complaints can be filed online with the Colorado Department of Public Health and Environment (CDPHE). You can call to register a complaint with CDPHE at: 303-692-2827; 1-800-866-7689 Extension 2827.

Complaints can also be directed to U.S. Department of Health and Human Services Office for Civil Rights.

- By mail or email: Fill out the Civil Rights Discrimination Complaint Form Package and send It to OCRComplaint@hhs.gov or mail it to Centralized Case Management Operations, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F HHH Bldg., Washington, D.C. 20201.
- By phone: Call 1-800-368-1019 (TDD: 1-800-537-7697).