

NEWBORN SAFETY AND SECURITY FORM

Your infant's safety is very important to us. The following are some guidelines to assure the greatest level of safety and security possible for you and your family.

DURING YOUR HOSPITAL STAY –

1. Your infant will have two (2) identification bands placed on him/her at birth. The numbers on the infant's bands will match yours exactly. If the infant leaves you for any reason, we will check to match your numbers with the infant's when he/she is returned to you.
2. Do not allow any person to remove your infant from your room without "proper identification". "Proper identification" includes a pink AVH pictured ID badge.
3. Question unfamiliar persons entering your room or inquiring about your infant, even if they are in hospital attire or seem to have a reason for being there. If you do not know the staff person, call your nurse for assistance.
4. **Aspen Valley Hospital endorses the American Academy of Pediatrics (AAP) 2011 *Safe Sleep Program* to prevent SIDS. These guidelines, for **any infant until one year of age**, include:
 - the need to be placed on his/her back to sleep in a crib (not on the side or stomach) in a one piece outfit or Halo Swaddle Sack, if not being held by an awake adult.
 - not placing bumper pads, toys and/or loose blankets in the crib.
 - never being placed on an adult bed to sleep.
 **24 hour rooming-in is endorsed and encouraged by the AAP. Bed sharing is not safe and is not recommended by the AAP or allowed at Aspen Valley Hospital. If you have questions or need assistance with your infant, please call your nurse.
5. Never leave your infant alone in the room or on your hospital bed. If you walk in the halls or take a shower, please have a family member watch the infant or call your nurse for assistance.
6. Please use the bassinet anytime you take your infant into the hall. We ask that you do not carry the infant in your arms outside of your room.
8. **Avoid overheating your infant with clothes or too warm of an environment.
9. Please call the nurse any time a situation arises that you do not feel comfortable with your infant. We wish to give you as much teaching and information as possible to make your transition to parenthood as easy as possible.
10. ** The American Academy of Pediatrics recommends breastfeeding your infant.
11. A security tag will be placed on your infant's umbilical cord. This ensure that the perinatal staff can always locate your infant within our facility.

** American Academy of Pediatrics. (2011, October). SIDS and Other Sleep-Related Infant Deaths: Expansion of Recommendations for a Safe Infant Sleeping Environment. *Pediatrics*. Retrieved from <http://pediatrics.aappublications.org/content/early/2011/10/12/peds.2011-2284>

SECURITY AT HOME –

Consider the risk you may be taking by permitting your infant's birth announcement to be published in the newspaper or online. Use of outdoor decorations to announce the infant's arrival such as balloons, wooden storks, and other lawn ornaments are not recommended.

Be sure to check references on anyone hired to watch your child when you are away from home.

I have read and understand the above information, and agree with this plan.

Mother's Signature	Dated	Timed
Witness Signature	Dated	Timed