



March 2026 Dinner Specials

SUNDAY	 MEATLESS MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 BBQ Ribs Baked Beans Corn on the Cobb	2 Niçoise Salad French Bread Tomato Basil Soup	3 Sausage & Kale Alfredo Sweet Potato House Salad	4 Beef Stew Dinner Roll Sautéed Kale and Mushrooms	5 Chicken Cordon Bleu Macaroni & Cheese Roasted Broccoli	6 Meatloaf Mashed Potatoes Sautéed Zucchini	7 Chicken Caesar Salad Dinner Roll Minestrone Soup
8 Pesto Salmon Garlic Parmesan Orzo Asparagus	9 Chicken Alfredo Focaccia Bread Roasted Brussel Sprouts	10 Brisket Corn Bread Roasted Carrots	11 Turkey Picatta Mushroom Barley Grilled Asparagus 	12 Pork Tenderloin Macaroni & Cheese Roasted Broccoli	13 Turkey Pot Pie Cheddar Biscuit Garden Salad	14 French Dip Potato Wedges Coleslaw
15 Crispy Chicken Sandwich Macaroni & Cheese Creamed Spinach	16 Lemon Pepper Tilapia Wild Rice Steamed Carrots	17 Corned Beef Boiled Potatoes Cabbage & Carrots 	18 Shepard's Pie Corn Bread Quinoa Kale Salad	19 Chicken Parmesan Garlic Bread Green Beans	20 Chinese Beef with Broccoli and Rice Veggie Spring Rolls Pot Stickers	21 Gyro Couscous Hummus & Veggies
22 Burger Bar Onion Rings Greek Salad	23 Lemon Caper Chicken Steamed Rice Green Beans	24 Cobb Salad Quinoa & Rice Pasta Salad	25 Burger Bar Onion Rings Greek Salad	26 Tacos Al Pastor Spanish Rice Chips and Guac	27 Turkey & Quinoa Stuffed Peppers Dinner Roll Spinach Soufflé	28 Carnitas Burrito Bowl Rice and Beans Chips & Guacamole
29 Chinese Beef with Broccoli and Rice Veggie Spring Rolls Pot Stickers	30 Shrimp Scampi Bread Stick Asparagus	31 Flank Steak Scalloped Potatoes Kale Salad	<u>A La Carte</u> Entrée.....\$7.75 Starch.....\$2.00 Vegetable.....\$2.00	Did you know? <ul style="list-style-type: none"> • Entrées in GREEN are Vegan or Vegetarian • Everything is priced a la carte • Breakfast is served 7:30-10am • Lunch is served 11:30-2pm • Dinner is served 5-7pm 		



Discover the Power of Nutrition

Words may be horizontal, vertical, diagonal, or backwards

Apples	N	S	L	I	T	N	E	L	O	T	B	A	D
Bok Choy	D	E	N	H	O	R	G	A	S	I	H	L	R
Carrot	M	H	O	R	N	E	D	M	E	L	O	N	Y
Cornmeal	O	U	D	O	L	S	Q	U	R	A	A	P	L
Horned Melon	T	R	Y	P	S	U	J	S	R	P	L	R	P
Jackfruit	L	E	T	H	O	F	R	H	Y	I	L	D	E
Lentils	T	D	R	K	I	R	A	R	C	A	I	C	A
Milk	O	C	U	T	L	C	K	O	P	C	T	A	H
Mushrooms	P	A	H	C	A	T	T	O	C	I	R	D	O
Pistachios	T	B	O	M	Q	E	A	M	L	S	O	E	J
Pork	T	B	C	N	U	O	O	S	A	P	T	N	A
Quinoa	C	A	R	R	O	T	P	I	B	B	H	O	C
Red Cabbage	M	G	C	Y	R	S	A	F	R	A	E	N	K
Ricotta	L	E	U	K	Q	O	M	E	U	T	M	L	F
Tilapia	G	L	R	O	N	B	K	R	N	O	I	C	R
Tortilla	R	E	F	I	J	A	C	A	G	M	L	Y	U
	L	E	U	L	A	P	P	L	E	S	T	O	I
	I	Q	N	F	I	E	I	M	L	F	R	H	T
	A	L	A	E	M	N	R	O	C	Y	O	C	Q
	B	M	I	S	A	O	G	I	R	A	C	K	A
	N	R	L	P	Y	S	E	T	L	L	B	O	T
	P	I	S	T	A	C	H	I	O	S	J	B	I
	S	F	L	E	W	U	G	M	Y	N	D	E	L

